

	Boys Hockey	Notes	Girls Hockey	Notes
Cretin-Derham Hall	Skaters should arrive no earlier than 15 minutes prior to	<p>1. Anyone with symptoms of illness or who have family members with symptoms of illness, has tested positive for COVID -19, or been exposed to a person whom has tested positive for COVID-19, should stay home and not participate in team activities and follow CDC and Health Department rules and guidelines for self-quarantine.</p> <p>2. Face coverings are required for all skaters and coaches/instructors, volunteers, and spectators (when allowed) while in Ramsey County arenas to help protect employees, participants, and other visitors. Arena.</p> <p>a. All skaters must wear a face covering at all times in the arena, with the exception being hockey players may remove face coverings once on the ice.</p> <p>3. All organizations</p>		<p>1. Anyone with symptoms of illness or who have family members with symptoms of illness, has tested positive for COVID -19, or been exposed to a person whom has tested positive for COVID-19, should stay home and not participate in team activities and follow CDC and Health Department rules and guidelines for self-quarantine.</p> <p>2. Face coverings are required for all skaters and coaches/instructors, volunteers, and spectators (when allowed) while in Ramsey County arenas to help protect employees, participants, and other visitors. Arena.</p> <p>a. All skaters must wear a face covering at all times in the arena, with the exception being hockey players may remove face coverings once on the ice.</p> <p>3. All organizations</p>

	<p>and teams should utilize a documented health and symptom pre-screening application prior to any on-ice activity. These screens should be monitored by coach/instructor, association, or volunteer associated with the group.</p> <p>a. We recommend the Minnesota Symptom Screener Guide or a “Quick Entry Check In” or “Check In and Tracking Protocol”</p> <p>4. Skaters should arrive no earlier than 15 minutes prior to the start of their ice time and arrive with most of their clothing and equipment already on.</p> <p>5. All skaters After check-in skaters must proceed directly to their dressing areas.</p> <p>6. No team warmup or dryland drills inside of facilities.</p> <p>7. No outside food or use of vending machines. Skaters are asked to bring their own water bottle with name on it. (Some water bottle fill stations may be available in certain rinks).</p>		<p>and teams should utilize a documented health and symptom pre-screening application prior to any on-ice activity. These screens should be monitored by coach/instructor, association, or volunteer associated with the group.</p> <p>a. We recommend the Minnesota Symptom Screener Guide or a “Quick Entry Check In” or “Check In and Tracking Protocol”</p> <p>4. Skaters should arrive no earlier than 15 minutes prior to the start of their ice time and arrive with most of their clothing and equipment already on.</p> <p>5. All skaters After check-in skaters must proceed directly to their dressing areas.</p> <p>6. No team warmup or dryland drills inside of facilities.</p> <p>7. No outside food or use of vending machines. Skaters are asked to bring their own water bottle with name on it. (Some water bottle fill stations may be available in certain rinks).</p>
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East Ridge		<p>CGIA:</p> <ul style="list-style-type: none">• Skaters should show up to the rink no earlier than 15 minutes before ice time starts. Skaters should exit ice immediately after completion and leave the facility within 15 minutes.• Skaters must wear a mask into the facility, inside the locker room and leaving the facility. Player can remove mask when exiting the locker room going to the ice but must put the mask back on when returning to the locker room.• Skaters should arrive to the rink with most of their hockey gear on to limit the amount of time spent in the locker rooms together.• It is the responsibility of coaches and athletes to adhere to the social distancing guidelines.• User groups must adhere to the locker room schedule posted. Clearly marked X's will be placed on benches in locker rooms to adhere to 6 feet social		

		<p>distancing requirements.</p> <ul style="list-style-type: none"> • Coaches are required to wear a mask on the bench.-No team warmup or dryland drills inside of facilities. 		
Forest Lake	20 minutes prior to scheduled ice	<p>Forest Lake Sports Center: Skaters should arrive with most of their clothing and equipment already on. Locker rooms and bags are allowed. Each team will get 18 spaces in 2 locker rooms (9 socially distanced spots in each locker room). There are no water fillers in the arena please bring your own water. Masks are required when entering and leaving the facility by all participants and coaches. Coaches are required to wear masks on the bench.</p>	20 minutes prior to scheduled ice	<p>Forest Lake Sports Center: Skaters should arrive with most of their clothing and equipment already on. Locker rooms and bags are allowed. Each team will get 18 spaces in 2 locker rooms (9 socially distanced spots in each locker room). There are no water fillers in the arena please bring your own water. Masks are required when entering and leaving the facility by all participants and coaches. Coaches are required to wear masks on the bench.</p>

<p>Irondale</p>		<p>NCS Super Rink No teams allowed to warm-up in public areas (use locker room space only) JV players should come half-dressed at a minimum because there may only be one locker room and teams will have to split in pods of 10 JV teams may start with one locker but will have two locker rooms after first period Varsity will share two locker rooms with JV No more than 10 skaters per locker room allowed at one time Super Rink staff will disinfect prior to JV players entering rooms Super Rink staff will disinfect after second period of JV game and before varsity players enter rooms Varsity players can enter locker rooms after disinfecting which will be just after the JV third period has started Varsity players will get dressed and exit the room when JV game is over and JV players are entering the locker room (varsity will be</p>		<p>NCS Super Rink No teams allowed to warm-up in public areas (use locker room space only) JV players should come half-dressed at a minimum because there may only be one locker room and teams will have to split in pods of 10 JV teams may start with one locker but will have two locker rooms after first period Varsity will share two locker rooms with JV No more than 10 skaters per locker room allowed at one time Super Rink staff will disinfect prior to JV players entering rooms Super Rink staff will disinfect after second period of JV game and before varsity players enter rooms Varsity players can enter locker rooms after disinfecting which will be just after the JV third period has started Varsity players will get dressed and exit the room when JV game is over and JV players are entering the locker room (varsity will be</p>
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		<p>warming up on old ice so timing will work out) JV players must exit locker room within five minutes so Super Rink staff can disinfect locker room before varsity players end warmups After second period break and before varsity players leave locker room for third period, they must move all gear into one locker room (locker room will be needed for next renter) After third period, varsity players can enter locker room in pods of 10. Each pod has five minutes to get undressed and exit area.</p>		<p>warming up on old ice so timing will work out) JV players must exit locker room within five minutes so Super Rink staff can disinfect locker room before varsity players end warmups After second period break and before varsity players leave locker room for third period, they must move all gear into one locker room (locker room will be needed for next renter) After third period, varsity players can enter locker room in pods of 10. Each pod has five minutes to get undressed and exit area.</p>
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Mounds View	15 min prior to scheduled ice	<p>TCO Sports Garden: Skaters should arrive with most of their clothing and equipment already on. All dressing areas will be in open public spaces. No player should be dressed down to undergarments at any time. Skate guards should be utilized as some areas will have rubberized flooring. Masks are required when entering and leaving the facility by all participants and coaches. Coaches are required to wear masks on the bench.</p>		<p>All Super Rink guests and staff will be temperature checked upon entry. Anyone with a temperature above 100.4 degrees will be sent home. Do not leave the parking lot until your child has been cleared. Masks are required except on the ice. For games, 20 spectators per team/per game are allowed. They must wear a mask in the facility and stay socially distanced inside the building. They cannot enter the building until game time and must exit immediately following the game. Wear a mask at the Super Rink, except when on the ice. Maintain social distancing at all times, except when on the ice. Use assigned locker rooms only and maintain proper</p>

				physical distancing of 6 feet.
Park		<p>CGIA: • Skaters should show up to the rink no earlier than 15 minutes before ice time starts. Skaters should exit ice immediately after completion and leave the facility within 15 minutes.</p> <ul style="list-style-type: none"> • Skaters must wear a mask into the facility, inside the locker room and leaving the facility. Player can remove mask when exiting the locker room going to the ice but must put the mask back on when returning to the locker room. • Skaters should arrive to the rink with most of their hockey gear on to limit the amount of time spent in the locker rooms together. • It is the responsibility of coaches and athletes to adhere to the social distancing guidelines. • User groups must adhere to the locker room schedule posted. Clearly marked X's will be placed on benches in 		<p>CGIA: • Skaters should show up to the rink no earlier than 15 minutes before ice time starts. Skaters should exit ice immediately after completion and leave the facility within 15 minutes.</p> <ul style="list-style-type: none"> • Skaters must wear a mask into the facility, inside the locker room and leaving the facility. Player can remove mask when exiting the locker room going to the ice but must put the mask back on when returning to the locker room. • Skaters should arrive to the rink with most of their hockey gear on to limit the amount of time spent in the locker rooms together. • It is the responsibility of coaches and athletes to adhere to the social distancing guidelines. • User groups must adhere to the locker room schedule posted. Clearly marked X's will be placed on benches in

		locker rooms to adhere to 6 feet social distancing requirements. • Coaches are required to wear a mask on the bench.		locker rooms to adhere to 6 feet social distancing requirements. • Coaches are required to wear a mask on the bench.
Roseville		<p>-Face Masks/Coverings are REQUIRED to enter the facility and must be worn at all times until you get on the ice.</p> <p>-Do not enter the building more than 15 minutes prior to your scheduled ice time, and leave within 10 minutes of completed ice time.</p> <p>-Enter through main doors(South Entrance/Or North Entrance), Exit through fire doors at the top of the arena bleachers</p> <p>-If you are sick, feeling any symptoms of illness or awaiting COVID-19 test results, please do not enter the building</p> <p>-Practice Social Distancing when in the building</p>		<p>-Face Masks/Coverings are REQUIRED to enter the facility and must be worn at all times until you get on the ice.</p> <p>-Do not enter the building more than 15 minutes prior to your scheduled ice time, and leave within 10 minutes of completed ice time.</p> <p>-Enter through main doors(South Entrance/Or North Entrance), Exit through fire doors at the top of the arena bleachers</p> <p>-If you are sick, feeling any symptoms of illness or awaiting COVID-19 test results, please do not enter the building</p> <p>-Practice Social Distancing when in the building</p>

		-Limit spectating by following your user group guidelines		-Limit spectating by following your user group guidelines
Stillwater	15 minute prior to scheduled ice time	<p>St. Croix Rec Center: Skaters should arrive with most of their clothing and equipment already on. No bags allowed in the building, except for goalies. No players should be dressed down to underwear at any time. For players, coaches, managers, masks are required when entering and exiting the building. goalies have limited access to locker rooms for changing. Coaches are required to wear a mask when on the bench. Please bring your own water.</p>	15 minutes prior to scheduled ice time.	<p>St. Croix Rec Center: Skaters should arrive with most of their clothing and equipment already on. No bags allowed in the building, except for goalies. No players should be dressed down to underwear at any time. For players, coaches, managers, masks are required when entering and exiting the building. goalies have limited access to locker rooms for changing. Coaches are required to wear a mask when on the bench. Please bring your own water.</p>
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White Bear Lake	15 min prior to scheduled ice	St. Croix Rec Center: Skaters should arrive with most of their clothing and equipment already on. No bags allowed in the building, except for goalies. No players should be dressed down to undergarments at any time. For players, coaches, managers, masks are required when entering and exiting the building. goalies have limited access to locker rooms for changing. Coaches are required to wear a mask when on the bench. Please bring your own water.	20 min prior to scheduled ice	White Bear Sports Center: Skaters should arrive with most of their clothing and equipment already on. All dressing areas will be in open public spaces. No player should be dressed down to undergarments at any time. Skate guards should be utilized as some areas will have rubberized flooring. Masks are required when entering and leaving the facility by all participants and coaches. Coaches are required to wear masks on the bench.
Woodbury		Same as East Ridge		