

# 2020-2021 Irondale/St.Anthony Knights Hockey

## Week 1 - January 4th-10th, 2021



<p align="center"><b><u>Monday January 4th</u></b>  <b><i>Try-outs at NSC #7 4:10-6:10</i></b></p> <ul style="list-style-type: none"> <li>- 4:10 on the Ice</li> <li>- 6:10 off the Ice</li> </ul>	<p align="center"><b><u>Friday January 8th</u></b>  <b><i>Practice at NSC #7 4:10-6:10</i></b></p> <ul style="list-style-type: none"> <li>- 3:30 Varsity Dryland at Fhit</li> <li>- 4:10 JV on the Ice</li> <li>- 4:30 Varsity on Ice</li> <li>- 5:20 JV off the Ice</li> <li>- 5:30 JV Dryland at Fhit</li> <li>- 6:10 Varsity off the Ice</li> </ul>
<p align="center"><b><u>Tuesday January 5th</u></b>  <b><i>Try-outs at NSC #7 4:10-6:10</i></b></p> <ul style="list-style-type: none"> <li>- 4:10 on the Ice</li> <li>- 6:10 off the Ice</li> </ul>	<p align="center"><b><u>Saturday January 9th</u></b>  <b><i>Workout on your own</i></b></p>
<p align="center"><b><u>Wednesday January 6th</u></b>  <b><i>Try-outs at NSC #7 4:10-6:10</i></b></p> <ul style="list-style-type: none"> <li>- 4:10 on the Ice</li> <li>- 6:10 off the Ice</li> </ul>	<p align="center"><b><u>Sunday January 10th</u></b>  <b><i>Rest and Study</i></b></p>
<p align="center"><b><u>Thursday January 7th</u></b>  <b><i>Practice at NSC #7 4:10-6:10</i></b></p> <ul style="list-style-type: none"> <li>- 3:30 Varsity Dryland at Fhit</li> <li>- 4:10 JV on the Ice</li> <li>- 4:30 Varsity on Ice</li> <li>- 5:20 JV off the Ice</li> <li>- 5:30 JV Dryland at Fhit</li> <li>- 6:10 Varsity off the Ice</li> </ul>	<p align="center"><b>THE DALE    THE VILLAGE</b></p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p><b>UNITED AND STRONG</b></p> </div> <div style="text-align: center;">  <p><b>UNITED AND STRONG</b></p> </div> </div>