

2019-2020 Irondale/St. Anthony Knights Hockey Week 4 Nov. 18th - Nov. 24th

Monday November 18th

Practice N.S.C. Rink 7

4:00 Varsity Dryland at FHIT
4:10 Junior Varsity on the Ice
4:45 Varsity on the Ice
5:20 Junior Varsity off the Ice
5:30 Junior Varsity at FHIT
6:10 Everyone done

Tuesday November 19th

Game Day at N.S.C. Rink 4
Knights vs. Cretin Derham Hall

4:30 - Junior Varsity meet at the rink
5:30 - Varsity meet at the rink
5:30 - Junior Varsity game vs CDH
7:30- Varsity game vs CDH

Wednesday November 20th

Practice N.S.C. Rink 7

4:00 Varsity Dryland at FHIT
4:10 Junior Varsity on the Ice
4:45 Varsity on the Ice
5:20 Junior Varsity off the Ice
5:30 Junior Varsity at FHIT
6:10 Everyone done

Thursday November 21st

Practice N.S.C. Rink 7

4:00 Varsity Dryland at FHIT
4:10 Junior Varsity on the Ice
4:45 Varsity on the Ice
5:20 Junior Varsity off the Ice
5:30 Junior Varsity at FHIT
6:10 Everyone done



Friday November 22nd

Rochester Road Trip

3:30 Leave from Irondale High School
5:30 Check in at Staybridge Suites

Game Day at Graham Arena
Knights vs. Rochester Mayo

6:15 - Arrive at the Arena

7:30 - Varsity game vs Mayo

Saturday November 23rd

Rochester Road Trip

9:30 Leave Staybridge Suites

Game Day at Graham Arena
Knights vs. Rochester Century

10:00 - Arrive at the Arena

11:00 - JV game vs Winona

1:00 - Varsity game vs Century

4:30 - Back at Irondale

Sunday November 24th

Rest and do something good