

2019-2020 Irondale/St. Anthony Knights Hockey Week 3 Nov. 11th - Nov. 17th

Monday November 11th

Practice N.S.C. Rink 7

4:00 Varsity Dryland at FHIT

4:10 Junior Varsity on the Ice

4:45 Varsity on the Ice

5:20 Junior Varsity off the Ice

5:30 Junior Varsity at FHIT

6:10 Everyone done

Tuesday November 12th

Practice N.S.C. Rink 7

4:00 Varsity Dryland at FHIT

4:10 Junior Varsity on the Ice

4:45 Varsity on the Ice

5:20 Junior Varsity off the Ice

5:30 Junior Varsity at FHIT

6:10 Everyone done

Wednesday November 13th

Practice N.S.C. Rink 7

4:00 Varsity Dryland at FHIT

4:10 Junior Varsity on the Ice

4:45 Varsity on the Ice

5:20 Junior Varsity off the Ice

5:30 Junior Varsity at FHIT

6:10 Everyone done

Thursday November 14th

Game Day at N.S.C. Rink 5

Irondale vs. Park of Cottage Grove

5:00 - Junior Varsity meet at the rink

6:00 - Varsity meet at the rink

6:15 - Junior Varsity game vs PofCG

8:15 - Varsity game vs PofCG

Friday November 15th

Practice N.S.C. Rink 7

4:00 Varsity Dryland at FHIT

4:10 Junior Varsity on the Ice

4:45 Varsity on the Ice

5:20 Junior Varsity off the Ice

5:30 Junior Varsity at FHIT

6:10 Everyone done

Saturday November 16th

Rest

Sunday November 17th

Rest and do something good

